

Kai Knight

seasonscenterllc.com | @kai.knight.75



Kai Knight is a choreographer, performer and instructor with over 35 years of professional experience. She is the founder and director of Seasons Center which host multi-cultural programming that assist women, families and communities by application of faith, education, and the performing arts. She is the founder and executive director of Cultural Ties Dance Festival: Movement of the African Diaspora. Kai is the artistic director of Silhouette Dance Ensemble and Breathe! /A Multi-Cultural Collective Breath through Movement Company. She has traveled to Haiti to further study Haitian folklore in the Summer of 2018 and has studied Brazillian Dance with New Orleans own Casa Samba dance company. Kai is an adjunct teacher at Loyola University were she teaches African diaspora movement and a resident teacher at Dancing Grounds.

Residency Work

Cultural Ties Dance Festival:
Movements of the African Diaspora

Youth Enrichment through African diaspora dance and history training for youth ages 8-17.

